

## Directory of Services in Leeds (September 2010)

Organisation	Services	Contact Details
<b>Specialist &amp; Palliative Care Services</b>		
Wheatfields Hospice	<ul style="list-style-type: none"> <li>▪ In-patient Unit (18 beds)</li> <li>▪ Day Hospice – Patients attend once or twice per week to address physical, psychological, emotional, spiritual and social needs. Nursing &amp; medical staff on duty. Complementary therapies &amp; a range of creative activities including art therapy are available.</li> <li>▪ Community Palliative Care Team – a team of nurses, doctors and other professionals who are able to visit people at home to offer symptom management, emotional and spiritual support and advice on practical issues e.g. benefits.</li> <li>▪ Family Support Team – information, counselling and bereavement service for patients, carers and families.</li> <li>▪ Support Worker for Children &amp; Young People – works between Wheatfields and St Gemma's.</li> <li>▪ Out-patient clinics – these are held at Wheatfields, St Gemma's and Wharfedale Hospital.</li> </ul>	<p>Sue Ryder Care Wheatfields Hospice Grove Road Headingley Leeds LS6 2AE</p> <p>Tel: 0113 278 7249 Email: <a href="mailto:wheatfields.contact@sueryder.org">wheatfields.contact@sueryder.org</a> Web: <a href="http://www.sueryder.org/wheatfieldshospice">www.sueryder.org/wheatfieldshospice</a></p>
St Gemma's Hospice	<ul style="list-style-type: none"> <li>▪ In-patient unit</li> <li>▪ Day Hospice - Patients attend once or twice per week to address physical, psychological, emotional, spiritual &amp; social needs. Nursing &amp; medical staff on duty. Complementary therapies and a range of creative activities including art therapy are available.</li> <li>▪ Community Palliative Care Team – a team of nurses, doctors and other professionals who are able to visit people at home to offer symptom management, emotional and spiritual support and advice on practical issues e.g. benefits.</li> <li>▪ Bereavement Support – provided by the social work department. Individual counselling, monthly bereavement</li> </ul>	<p>St Gemma's Hospice 329 Harrogate Road Moortown Leeds LS17 6QD</p> <p>Tel: 0113 218 5500 Email: <a href="mailto:postmaster@st-gemma.co.uk">postmaster@st-gemma.co.uk</a> Web: <a href="http://www.st-gemma.co.uk">www.st-gemma.co.uk</a></p>

Organisation	Services	Contact Details
	<p>support group, bereavement visiting service.</p> <ul style="list-style-type: none"> <li>▪ Out-patient clinics – these are held at Wheatfields, St Gemma's, Wharfedale Hospital.</li> <li>▪ Support Worker for Children &amp; Young People – works between St Gemma's and Wheatfields.</li> </ul>	
The Robert Ogden Macmillan Centre	<ul style="list-style-type: none"> <li>▪ Patients and carers can 'drop in' Monday to Friday 10am to 4pm for information and support on cancer related issues.</li> <li>▪ A range of free complementary therapies for patients and carers.</li> <li>▪ Psychological support – counselling, one to one support relaxation, visualisation, self help courses – New Perspectives.</li> <li>▪ Body Image services - ABRACADABRA Bra Bank, colour and beauty therapy, hair loss support, head art therapy, holistic facials, Look Good Feel Better.</li> <li>▪ Various support groups for patients with specific cancers.</li> </ul>	<p>The Robert Ogden Macmillan Cancer Information Centre St James's University Hospital Beckett Street Leeds LS9 7TF</p> <p>Tel: 0113 206 6498 or 0113 206 6499</p>
Information, Care and Support Service (Bexley Wing, SJUH)	<ul style="list-style-type: none"> <li>▪ Ground Floor Information Centre in the main atrium staffed by volunteers.</li> <li>▪ Information Lounge - Oncology Out-patients Department (Level 1) 10.00am to 4.00pm Tel: 0113 206 8816.</li> <li>▪ Radiotherapy Dept Information Lounge – (Level 2) 8.30am to 1.00pm and 2.00pm to 4.30pm Tel: 0113 206 7603.</li> <li>▪ Chaplaincy.</li> <li>▪ Natural Healing - Based in Oncology Day Ward, Bexley Wing, St James's University Hospital with a drop in service daily in the Complementary Therapy Room for patients, families, and carers and also visit wards. CDS are available to practise breathing techniques enabling self empowerment to relax. Group meditation with music and spiritual healing is held in The Faith Centre, Bexley Wing on Friday mornings at 11.00am to 12.00 noon and all are welcome.</li> </ul>	<p>Sadie Smith Information &amp; Supportive Care Manager</p> <p>Tel: 0113 206 6501 Email: <a href="mailto:sadie.smith@leedsth.nhs.uk">sadie.smith@leedsth.nhs.uk</a></p> <p>Ruth Kaye Natural Healing &amp; Relaxation</p> <p>Tel: 0113 2067428 Email: <a href="mailto:ruth@bubble.com">ruth@bubble.com</a> Web: <a href="http://www.ruthkaye.net">www.ruthkaye.net</a></p>

Organisation	Services	Contact Details
St James's Institute of Oncology	<ul style="list-style-type: none"> <li>▪ Radiotherapy Open Evenings for patients and relatives/carers. 1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesday of every month at 6.30pm from Radiotherapy Main Reception, Bexley Wing (Level 2), St James's University Hospital.</li> </ul>	<p>Karen Stocks / Phil Mitchell  St James's Institute of Oncology  Radiotherapy Dept  Bexley Wing – level 2  Beckett Street  Leeds  LS9 7TF</p> <p>Tel: 0113 206 7616 or 0113 206 7603</p>
Hospital Specialist Palliative Care Team	<ul style="list-style-type: none"> <li>▪ Available to any patient within Leeds Teaching Hospitals Trust who has an advanced, progressive and life threatening illness and a high level of need. The team provides specialist assessment and advice on the management of a range of issues affecting patients, relatives and carers, including symptom management, treatment choices, referral to hospices and other palliative care services and practical and emotional support.</li> </ul>	<p>Inpatients can be referred to the Specialist Palliative Care Team by the consultant team caring for them.</p>
Marie Curie Palliative Care Ambulance	<ul style="list-style-type: none"> <li>▪ Specialist ambulance staffed by crews who have received additional training in caring for patients with palliative care needs.</li> <li>▪ The ambulance provides end of life transport to a preferred place of care and / or urgent transfer for palliative care treatment.</li> <li>▪ The ambulance operates 7 days a week from 9.00am to 7.00pm and is available to patients registered with a Leeds GP.</li> </ul>	<p>You have to be referred by a health professional to access this service</p>
Complex and Palliative Continuing Care Service - CAPCCS	<ul style="list-style-type: none"> <li>▪ The CAPCCS team comprises Health and Personal Care Assistants and senior nurses who provide a service in the patient's home in addition to that provided by District Nurses.</li> <li>▪ Patients will have end of life care needs or have highly complex care needs requiring an individualised package of</li> </ul>	<p>Referrals only accepted from District Nurses  Tel: 0113 295 3067</p>

Organisation	Services	Contact Details
	care. <ul style="list-style-type: none"> <li>▪ The service operates 7 days a week from 8.00am to 7.00pm. Patients must be registered with a Leeds GP.</li> </ul>	
Palliative Care Discharge Facilitator	<ul style="list-style-type: none"> <li>▪ Support in planning and coordinating care services so that patients with palliative care needs are ready for discharge.</li> </ul>	tbc
The Yorkshire Cancer Help Centre	<ul style="list-style-type: none"> <li>▪ Full and half day meetings at Henshaw Arts &amp; Crafts Centre, 50 Bond End, Knaresborough.</li> <li>▪ Counselling, healing, nutrition advice, complementary therapies.</li> </ul>	The Yorkshire Cancer Help Centre c/o John Scott 10 Moor Park Road Headingley Leeds LS6 4BU  Tel: 0113 274 9074 Email: <a href="mailto:john.scott@ychc.org.uk">john.scott@ychc.org.uk</a> Web: <a href="http://www.ychc.org.uk">www.ychc.org.uk</a>
The Haven	<ul style="list-style-type: none"> <li>▪ Counselling, nutrition, complementary therapies, yoga and practical support for breast cancer patients.</li> </ul>	The Haven 4-5 The Gateway West Leeds LS9 8DA  Tel: 0113 284 7829 Email: <a href="mailto:info@thehaven.org.uk">info@thehaven.org.uk</a> Web: <a href="http://www.thehaven.org.uk">www.thehaven.org.uk</a>
<p><b>Respite Provision</b>            Please note some respite / sitting services are funded by the Local Authority following referral from a health or social care professional. However services also offer private contracts with individuals for which there would be a charge – please contact the organisation for more information.</p>		
Anchor Care	<ul style="list-style-type: none"> <li>▪ Home respite services covering North West and West Leeds.</li> </ul>	Anchor Customer Contact Centre  Tel: 0845 1402020

Organisation	Services	Contact Details
North Leeds Respite Service	<ul style="list-style-type: none"> <li>▪ Home respite service for people with mental health problems including dementia in North East and East Leeds.</li> </ul>	<p>North Leeds Respite Service Unit 26 Unity Property Service 26 Roundhay Road Leeds LS7 1AB</p> <p>Tel: 0113 242 7707 Email: <a href="mailto:northleedsrespite@together-uk.org">northleedsrespite@together-uk.org</a> Web: <a href="http://www.together-uk.org">www.together-uk.org</a></p>
Springfield Home Care	<ul style="list-style-type: none"> <li>▪ Covers all Leeds.</li> </ul>	<p>Springfield Home Care 2 Fusion Court Aberford Road Garforth Leeds LS25 2GH</p> <p>Tel: 0113 287 6789 Email: <a href="mailto:info@springfieldhealthcaregroup.com">info@springfieldhealthcaregroup.com</a></p>
Moorcare	<ul style="list-style-type: none"> <li>▪ North East Leeds respite service available from 8.00am to 10.00pm. Linked to Leeds Jewish Welfare Board.</li> </ul>	<p>Tel: 0113 268 4211 Email: <a href="mailto:Allison.wilcock@ljwb.co.uk">Allison.wilcock@ljwb.co.uk</a> Web: <a href="http://www.ljwb.co.uk">www.ljwb.co.uk</a></p>
Angels Homecare Service	<ul style="list-style-type: none"> <li>▪ Specialist sitting scheme and domiciliary care for people from ethnic minority communities who require a careworker from a particular religious background or culture.</li> </ul>	<p>Angels Homecare Service 31 Well Lane Chapel Allerton Leeds West Yorkshire LS7 4PQ</p> <p>Tel: 01132 692527 Mob: 07966 257 387 Fax: 01132 369047</p>

Organisation	Services	Contact Details
Carewatch Leeds	<ul style="list-style-type: none"> <li>▪ Care and support to people in their own homes or in residential and nursing homes.</li> </ul>	Carewatch Leeds 2 <sup>nd</sup> Floor Kestrel House 12-14 Lower Brunswick St Leeds LS2 7PU  Tel: 0113 242 8822 <a href="http://www.carewatch.co.uk">www.carewatch.co.uk</a>
Czajka Care Group	<ul style="list-style-type: none"> <li>▪ Home care services covering North West Leeds.</li> <li>▪ Home based respite covering South Leeds.</li> </ul>	Czajka Care group WIRA House West Park Ring Road Leeds LS16 6EB  Tel: 0113 274 1900 Email: <a href="mailto:comcare.leeds@czajka.co.uk">comcare.leeds@czajka.co.uk</a> Web: <a href="http://www.czajka.co.uk">www.czajka.co.uk</a>
Leeds Shared Lives	<ul style="list-style-type: none"> <li>▪ Sitting service for older people and disabled adults. Referral via a qualified social worker only.</li> <li>▪ Short breaks – provide short term care in the home of an approved carer to those with learning disability, dementia and other care needs.</li> </ul>	Adult Social Care Merrion House 110 Merrion Centre Leeds LS2 8QB  Tel: 0113 247 8658 or 0113 224 3503 Email: <a href="mailto:shared.lives@leeds.gov.uk">shared.lives@leeds.gov.uk</a>
Woodlands (Multiple Sclerosis Society)	<ul style="list-style-type: none"> <li>▪ Specialist residential and respite facility for people with MS offering a range of care services and activities.</li> </ul>	Woodlands Resource & Respite Care Centre 120 Thief Lane Hull Road York YO10 3HU  Tel: 01904 430 600 Email: <a href="mailto:enquiries@woodlands.org.uk">enquiries@woodlands.org.uk</a>

Organisation	Services	Contact Details
		Web: <a href="http://www.woodlands.org.uk">www.woodlands.org.uk</a> Please go to <a href="http://www.mssociety.org.uk">www.mssociety.org.uk</a> for more information on respite.
<b>Local Non-cancer Organisations</b>		
Motor Neurone Disease Association	<ul style="list-style-type: none"> <li>▪ MND Connect - 9.00am to 5.00pm and 7.00pm to 10.30pm Monday to Friday. Helpline, practical and emotional support and signposting. Can link people to MND Association visitors and local branch meetings.</li> </ul>	MND Connect Tel: 08457 626262 Email: <a href="mailto:mndconnect@mndassociation.org">mndconnect@mndassociation.org</a> Web: <a href="http://www.mndassociation.org">www.mndassociation.org</a>  Local Contact: Jackie Johnson MND Mobile: 07889 523793
Alzheimer's Society	<ul style="list-style-type: none"> <li>▪ Advice and information on all topics related to dementia.</li> <li>▪ Support for carers including carers support groups, home visiting and telephone support.</li> <li>▪ Day centre for people under 65 years.</li> <li>▪ Dementia cafes for people with dementia and carers.</li> <li>▪ Home support services for people under 65 years.</li> </ul>	Alzheimer's Society (Leeds branch) Armley Grange Armley Grange Drive Leeds LS12 3QH  Tel: 0113 231 1727 Email: <a href="mailto:peter.ruickbie@alzheimers.org.uk">peter.ruickbie@alzheimers.org.uk</a> Web: <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>
British Lung Foundation Breathe Easy Groups	<ul style="list-style-type: none"> <li>▪ Help, information and support for people living with lung disease and their families and carers.</li> <li>▪ Leeds &amp; District support group: last Friday of month 1.30pm to 3.30pm, Community Centre, Dawsons Corner, Stanningley, Leeds LS28.</li> <li>▪ East Leeds support group: first Monday of month 1.00pm to 2.30pm, Seacroft Village Hall, Old York Road, Seacroft, Leeds.</li> </ul>	British Lung Foundation North Regional Office The Sir GB Hunter Memorial Hospital The Green Wallsend North Tyneside NE28 7PB  Tel: 0191 263 0276 Email: <a href="mailto:north@blf-uk.org">north@blf-uk.org</a> Web: <a href="http://www.lunguk.org">www.lunguk.org</a>

Organisation	Services	Contact Details
Stroke Association	<ul style="list-style-type: none"> <li>▪ National Stroke Helpline on 0303 303 3100 open Monday to Friday, 9am to 5pm.</li> <li>▪ East Leeds Stroke Club - Meets fortnightly on Thursdays, 2pm to 4pm, venue: The Anchorage, Coronation Parade, Halton Moor. Activities: Supported by the HOPE project, this group has speakers and social activities for local stroke survivors.</li> <li>▪ Morley Stroke Club - Meets: Mondays, 1pm to 4pm, venue: Peel Street Community Centre, Morley. Activities: The club offers social support and weekly activities. Lunch is available too.</li> <li>▪ North Leeds Stroke Club Meets fortnightly on Mondays, 11am to 2pm, venue: St. Pauls Church, Moor Allerton. Activities: Speakers, therapies and activities are offered to members, and lunch is available.</li> <li>▪ West Leeds Stroke Club meets fortnightly on Wednesdays, 10.30am to 12.30pm, venue: Hawthorn Mill Sheltered Housing Complex, Wortley. Activities: Speakers, entertainers and outings occur throughout the year. The club is supported by Bramley Elderly action.</li> </ul> <p>Non - affiliated stroke clubs in West Yorkshire:</p> <ul style="list-style-type: none"> <li>▪ Club 7 (Leeds - Belle Isle).</li> <li>▪ Gipton Stroke Club (Leeds).</li> <li>▪ Seacroft Stroke Club (Leeds).</li> <li>▪ Roundhay Stroke Club (Leeds).</li> <li>▪ 'Different Strokes' - for stroke survivors of working age (Leeds).</li> </ul>	<p>The Stroke Association Regional Information Officer</p> <p>Tel: 0113 2019 780 Email: <a href="mailto:info@stroke.org.uk">info@stroke.org.uk</a> Web: <a href="http://www.stroke.org.uk">www.stroke.org.uk</a></p>
Kidney Disease Support Groups	<ul style="list-style-type: none"> <li>▪ Local support groups for patients who attend either Leeds General Infirmary or St James's University Hospital.</li> </ul>	<p>19 Hunger Hill Drive Horsforth LS18</p> <p>Tel: 0113 228 6197</p>



Organisation	Services	Contact Details
		<p>The Bungalow Estcourt Road Darrington Pontefract WF8 3AN</p> <p>Tel: 01977 704717 Web: <a href="http://www.kidney.org.uk">www.kidney.org.uk</a></p>
Carers Leeds	<ul style="list-style-type: none"> <li>▪ Confidential support and information for carers.</li> <li>▪ Drop-in service or appointments.</li> <li>▪ Home visiting available.</li> <li>▪ Wellbeing days, coffee mornings, benefits advice, social activities, male carers group, 'moving on' group for carers who are no longer caring.</li> <li>▪ Carers support groups across Leeds.</li> <li>▪ Drop in Service Tuesday to Friday 9.30am to 4.30pm and phone contacts only on Mondays – 9.30am to 4pm.</li> </ul>	<p>Carers Leeds 6-8 The Headrow Leeds LS1 6PT</p> <p>Tel: 0113 246 8338 Email: <a href="mailto:info@carersleeds.org.uk">info@carersleeds.org.uk</a> Web: <a href="http://www.carersleeds.org.uk">www.carersleeds.org.uk</a></p>
<b>Bereavement Support</b>		
Hospital Chaplains	<ul style="list-style-type: none"> <li>▪ Hospital chaplains are available at all times to give pastoral and spiritual support to relatives at any time after a bereavement. Faiths represented within the hospitals are Church of England, Roman Catholic, Free Church, Jewish and Muslim. Contact with ministers or leaders of other faiths can be made through the Chaplaincy.</li> </ul>	<p>St James's, Wharfedale and Seacroft Hospitals Tel: 0113 206 4365</p> <p>Leeds General Infirmary and Chapel Allerton Hospitals Tel: 0113 392 3527</p>
Leeds Bereavement Forum	<ul style="list-style-type: none"> <li>▪ A full list of services in Leeds for those needing support with bereavement can be found on the Leeds Bereavement Forum's website.</li> </ul>	<p><a href="http://www.lbforum.org.uk/module_directory/">www.lbforum.org.uk/module_directory/</a></p>