



A life limiting illness?



Need Support?

Are you or is someone you care for trying to cope with a life limiting illness? If you need support with distressing physical and emotional problems related to the illness or the effects of treatment the specialist palliative care services are here to help.

We can help with:

- Physical symptoms such as pain, sickness, and breathing difficulties
- Emotional problems such as depression and anxiety
- Spiritual care by giving space to express emotional, faith, non-faith and religious views
- Social issues such as support for relatives, relationship concerns and practical issues

You can find out more by talking to your GP, District Nurse or Hospital Team.

Leeds Palliative Care website: www.leedspalliativecare.co.uk

The Leeds Palliative Care website can also provide you with information and advice. It details the care available from a hospice, how you can be supported and cared for in your own home or in hospital and much more...

Care in your home and out-patients

Specialist teams from St Gemma's and Wheatfields Hospices work with your GP and District Nurse to provide extra support. Out-patient services are also provided across the city.

Care in hospital

A specialist team works with your hospital doctors and nurses to provide advice and help with your illness and its effects. For details please talk to your named nurse.

Care from a hospice

St Gemma's and Wheatfields Hospices can offer you support in the following ways:

- In-patient care
- Day hospice care
- Community support
- Out-patient service
- Family / carer support
- Bereavement support

All services are provided free of charge. If you would like to access these services please talk to your GP, District Nurse or Hospital Team.

The website is supported by NHS, Health & Social Care organisations in Leeds. Together they work in partnership with the aim of providing the best possible care and support for palliative care patients, their families and carers.